

# Drumbeats & Brushstrokes:



**TEEN  
Edition**



## + What It Is & Who Should Attend:

Drumbeats & Brushstrokes is a combined music therapy and art program specifically designed for teens (13-18) with special needs. The program supports choice making, relationship building, and creative expression. It is an ideal program for individuals who have verbal or nonverbal communication skills, an interest in music and art, and a willingness to try new things.

## + When & Where?

**When:** Every Thursday from September 22 – November 24 2011 (10-weeks total)

**Where:** Academie Ste. Cecile, Academy of Music - 12021 Tecumseh Rd E.

**What Time:** 4:30-6:00pm (1.5-hours per week)

**Cost:** \$240 for the full 10-week program + \$10.00 supply fee

## + Why Get Involved?

- ✓ Increased self-esteem and self-expression through expressive art activities, improvised music making, listening to music, songwriting, and song sharing.
- ✓ Increased social awareness and interaction through music making, art projects, and group awareness & interaction.
- ✓ Increased relaxation and calmer moods

Facilitated by:



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